

ABOUT CATHY

Join us for a weekend of fun, worship, relaxation, and connection as we grow in our **JOY** and *faith* together as **WOMEN** of God.

Cathy A.J. Hardy is a singer, a songwriter, music instructor and a retreat facilitator living in Mission, BC, Canada. Cathy learned to love to sing from a very young age and started her music education with piano lessons at the age of 7.

Formerly trained in piano with the Royal Conservatory of Music of Canada, Cathy has taught music lessons from the time she was 16 years old. She has also pursued learning various recorders, voice, and most recently ukulele and guitar. She continues to teach students from 5 yrs-adult in her home studio.

Cathy has also pursued recording 2 CDs in the past 3 years. Both of these albums have been inspired from the Taize community in France and both contain songs from Taize and original songs by Cathy and harpist friend, Karin Dart. The most recent CD was nominated for 3 Gospel Music Awards in Canada.

Cathy is also an affiliate of the Mark Centre of Abbotsford and is involved in leading contemplative retreats in Abbotsford and on Pender Island.

Cathy loves her daily walks in the woods of Mission with her dog, reading books, painting and many friendships.



Joy *in the journey*

2012 new life women's retreat

April 20 - 22
Charis Camp in Chilliwack

DETAILS

DATES AND TIMES

April 20-22, 2012

Registration: Friday at 6:30pm

First session: 7:30pm

Weekend is over at 1:00pm on Sunday

LOCATION

Charis Camp

51935 Hack Brown

Rosedale (Chilliwack)

COST

\$160/person

CONTACT

To register or for any questions or concerns, contact:

New Life Church

office@newlifecrc.ca

604.852.1585

JOY in the JOURNEY

SESSIONS WITH CATHY HARDY

1. Journey into stillness

Responding to the invitation to 'be still' and 'rest'

2. Journey into listening

Responding to God's voice of Love and allowing ourselves to be transformed by truth.

3. Journey into joy

Developing a life-style that flows out of Love's transformation.

"Satisfy us each morning with your unfailing love, so we may sing for joy to the end of our lives." Psalm 90:13-17

REGISTRATION

Name: _____

Address: _____

Phone: _____

Alt. Phone: _____

Email: _____

Emergency Contact:

Phone: _____

Special requests: _____

PLEASE ENCLOSE:

- \$160 /person
(cheques payable to New Life Church)
- \$5 for climbing wall
(need a min of 10 people to do this)