

# Learning to Heal

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*March 17*

*Read: Ephesians 2:13-18*

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The cost was high when we as traditional cookie-cutter churchgoers accepted Jesus. We had lost our culture, our language, our church, our community and in the end I lost my relationship with my family. We felt very alone. But God made us new even through a marriage break-up. He worked full circle. He restored my marriage and gave me a new (and healthy) relationship with my whole family. Praise to God!

God's Word is true but can only be fulfilled once I have learned what I needed to learn. I have learned the pain of self-examination and the need for me to bring change in my life before restoration can happen. I have learned that relationships sometimes have to break before they can be restored. I have learned that God uses humiliation and shame to teach me many things, and eventually the vindication when He put my foot on a rock and made me victorious in Him. I have learned that God loves a broken heart and a contrite spirit and that my natural man does not like to be put in such situations! I have learned to make myself vulnerable to fellow believers, listen when they speak truthfully into my life and experienced the power of God when we unite in prayer. I have learned how important it is to face conflict and what a positive thing disagreement can be.

Next time we break the bread in Communion we can take courage that God heals – Jesus abolished in his flesh the enmity of our relationships! Hallelujah!

***Prayer: God we are so broken and torn apart and we keep trying to pretend otherwise. Thank you Father that through Jesus' death we are healed. AMEN***

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